



# OCTOBER

## Mendel's Munchkins

This month's theme is Fall Fun! We'll start out with learning about leaves and the colors they change. A few of the munchkins have really been into learning colors so this allows us to focus on that with relevance to the changing weather/environment around them. Look for a fun cooking activity coming up this month as well as a lot of sensory activities.



Fall is here and the weather is changing. With the change in weather comes illness. We will be reminding our munchkins to use their "cough catchers" (coughing into the arm) when coughing or sneezing to help stop the spread of germs. Any help at home will help reinforce this behavior!



### Mark your Calendars!

10/21 - Parents' Night Out from 6pm - 10pm  
Sign up in the office!

10/27 - Parent Halloween Party @ 3:00 pm



(taste-safe) Pumpkin Pie Play Dough

2 tablespoons pumpkin flavored coffee creamer  
(liquid kind)

2 cups of powdered sugar, divided

2 tablespoons of vegetable oil

In a bowl, slowly mix 1 cup of powdered sugar into the creamer. Then add the other cup of sugar until it becomes dough-like. Once it starts to form a crumbly dough, add the oil to help soften it. Add food coloring to add some color to the play dough!

It won't last as long as traditional play doh but it's safe for the munchkins to put in their mouth, as they tend to do with pretty much everything!